

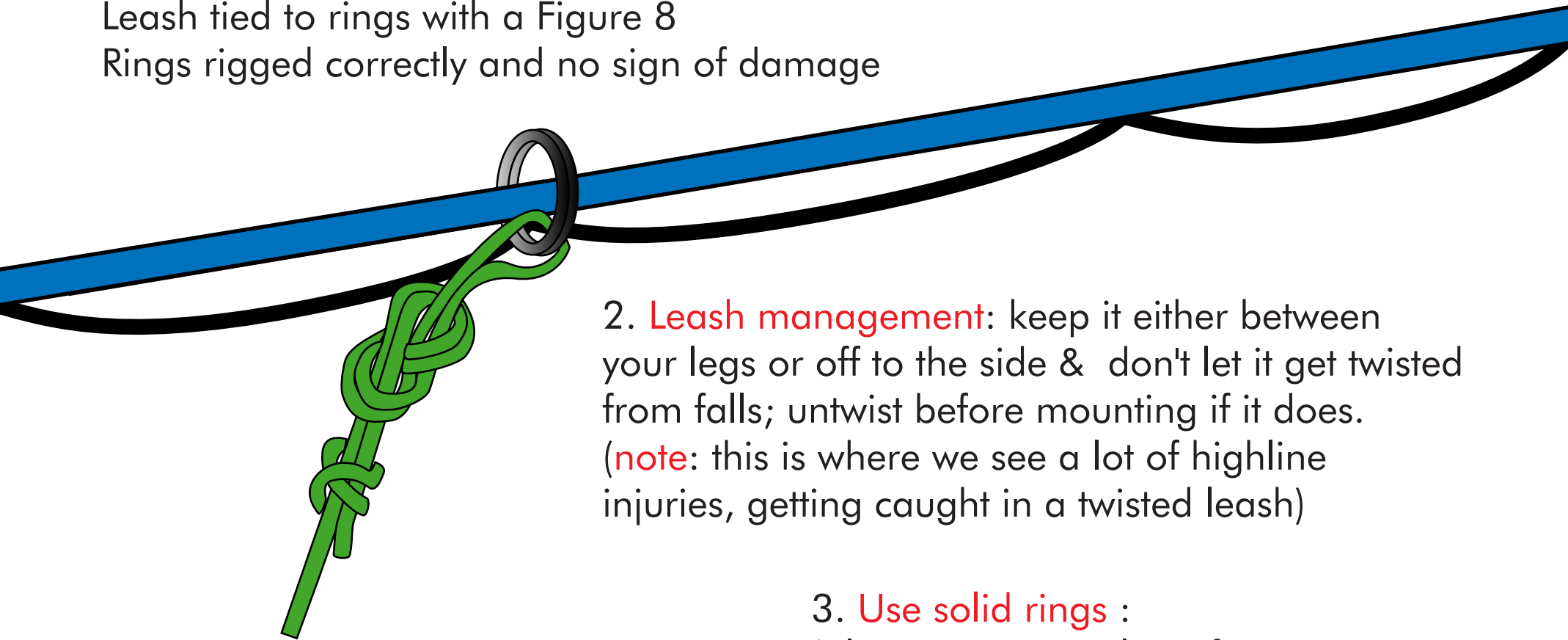


Leash Safety

and what YOU need to know

1. Buddy check :

Harness worn correctly and appropriately tight
Double back harness buckle
Figure 8 tied through both loops
Leash tied to rings with a Figure 8
Rings rigged correctly and no sign of damage



2. **Leash management**: keep it either between your legs or off to the side & don't let it get twisted from falls; untwist before mounting if it does.
(**note**: this is where we see a lot of highline injuries, getting caught in a twisted leash)

3. Use solid rings :

(aluminum or steel are fine, min breaking strength $\geq 20\text{kN}$, generally double rings) **not carabiners** or other removable attachment methods

Recommend figure 8 knot because it maintains rope strength and is easy to check.

Use a **fall rated rope as a leash** (climbing rope is ideal), not slings or cords.



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